

## EFMP Liaisons and MTF EFMP Coordinators

EFMP liaisons at Fleet and Family Support Centers provide information, referral, systems navigation and non-medical case management to special needs families. MTF EFMP coordinators at Military Treatment Facilities provide enrollment assistance, and review and process all enrollment requests.

Contact information for EFMP liaisons and MTF EFMP coordinators can be found at [www.npc.navy.mil](http://www.npc.navy.mil) or [www.ffsp.navy.mil](http://www.ffsp.navy.mil).

## FAQs

**Q: As an EFMP sponsor, am I deployable?**

**A:** All Sailors must complete unit deployments and maintain worldwide assignability and proper sea/shore rotation, regardless of EFMP status.

**Q: Will EFMP enrollment affect promotions and career opportunities?**

**A:** EFMP status is not provided to promotion boards. Every effort is made to match the sponsor's career path with the needs of the family. The sponsor may elect an unaccompanied assignment while the family is supported in another location.

**Q: Am I still eligible for an accompanied overseas assignment?**

**A:** All EFMP sponsors may be considered for accompanied overseas assignment based on the availability of required medical/educational services at the gaining location and successful completion of the overseas/suitability screening process by the sponsor and all family members.

## When Should I Request Disenrollment from the Program?

You may request disenrollment when your exceptional family member (EFM) no longer requires special medical and/or educational services; conditions are in remission for a minimum of three years with no more than routine primary care; or your enrolled family member no longer resides with you due to divorce, loss of custody, or death.

## Resources

Program	Website
Navy Personnel Command	<a href="http://www.npc.navy.mil">www.npc.navy.mil</a>
Fleet and Family Support Programs	<a href="http://www.ffsp.navy.mil">www.ffsp.navy.mil</a>
Navy Bureau of Medicine and Surgery (BUMED)	<a href="http://www.med.navy.mil">www.med.navy.mil</a>
Navy and Marine Corps Relief Society	<a href="http://www.nmcrs.org">www.nmcrs.org</a>
Military OneSource	<a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a>
Military Installations	<a href="https://installations.militaryonesource.mil">https://installations.militaryonesource.mil</a>
TRICARE	<a href="http://www.tricare.mil">www.tricare.mil</a>
Extended Care Health Option (ECHO)	<a href="http://www.tricare.mil/Plans/SpecialPrograms/ECHO.aspx">http://www.tricare.mil/Plans/SpecialPrograms/ECHO.aspx</a>
Department of Health and Human Services	<a href="http://www.hhs.gov">www.hhs.gov</a>
Social Security Administration	<a href="http://www.ssa.gov">www.ssa.gov</a>
DoD Educational Activity (DoDEA)	<a href="http://www.dodea.edu">www.dodea.edu</a>
Parent Educational Advocacy Training Center (PEATC)	<a href="http://www.peatc.org">www.peatc.org</a>
Parent Center Hub [contains legacy data for The National Dissemination Center for Children with Disabilities (NICHCY)]	<a href="http://www.parentcenterhub.org/nichcy-gone/">http://www.parentcenterhub.org/nichcy-gone/</a>
Family Education	<a href="http://www.familyeducation.com">www.familyeducation.com</a>
Exceptional Parent Magazine	<a href="http://www.eparent.com">www.eparent.com</a>
Armed Services YMCA	<a href="http://www.asymca.org">www.asymca.org</a>
Navy Personnel Command Humanitarian Transfer Desk	901-874-3542/DSN 882
Navy Incapacitated Dependent Program (INCDP)	901-874-3360/DSN 882

## Your local EFMP support personnel:

# The Navy's Exceptional Family Member Program



Revised 2019



## What is the EFMP?

The Navy's Exceptional Family Member Program (EFMP) serves military families with special medical and/or educational needs. The EFMP is a mandatory enrollment program that includes identification of the family member's special medical and/or educational requirements, enrollment in the program, assignment coordination, and family support.

EFMP enrollment provides family support throughout the sponsor's career and ensures consideration of the family's needs during the assignment process by ensuring availability of necessary resources at the prospective duty station.

## Benefits of EFMP Enrollment:

- Facilitates coordination with overseas screening to confirm availability of special medical/educational support overseas
- Provides a family needs assessment, networking, information, referral, non-medical case management, systems navigation, individualized services plans, and assistance during PCS moves
- Promotes peace of mind for deployed service members and their families
- Enhances command readiness through support to the service member and family
- Improves retention by providing support to skilled Sailors who might otherwise separate from the Navy to meet their family's needs
- Decreases costly overseas personnel returns by ensuring special medical and/or educational needs are considered during the assignment process



## Who Should Enroll in the EFMP?

Military dependents (enrolled in DEERS) with current and chronic medical, dental, mental health, developmental and/or educational conditions requiring special care/services who live with their sponsor should enroll in the EFMP.



## How Do I Enroll in the EFMP?

New enrollments are initiated by EFMP Military Treatment Facility (MTF) coordinators via the Navy Family Accountability and Assessment System (NFAAS).

Enrollment update and disenrollment assistance is provided by MTF coordinators, command EFMP points of contact (POCs), and Fleet and Family Support Center EFMP liaisons.

Enrollment forms are available from any of the above personnel and online at [www.npc.navy.mil](http://www.npc.navy.mil), [www.ffsp.navy.mil](http://www.ffsp.navy.mil) or [www.militaryonesource.mil](http://www.militaryonesource.mil).

You must update enrollment every three years or when the family member's special medical and/or educational needs change.

Submit your completed EFMP enrollment package to your local/nearest MTF EFMP coordinator for processing.

## What Determines Where I Can Be Assigned?

Once enrolled, your EFM will be placed into one of six categories, based on the type, severity and frequency of medical/educational intervention they require. This category is used as a guideline for future assignments.

### Category 1:

No assignment restrictions. Enrollment is for monitoring purposes due to medical or educational needs. If orders are for overseas or remote duty, the family must successfully complete suitability screening.

### Category 2:

No CONUS assignment restrictions. OCONUS and remote assignments may be restricted if the qualifying condition cannot be supported due to the availability of required services. If orders are for overseas or remote duty, the family must successfully complete suitability screening.

### Category 3:

Some CONUS and OCONUS assignments may be limited based on diagnosis and requirements. If orders are for overseas or remote duty, the family must successfully complete suitability screening.

### Category 4:

Normally, no overseas assignments. CONUS assignments only and must be near major medical areas, including Hawaii and Alaska. The family member's special medical condition or educational needs require assignment to billets within a two-hour drive under most conditions to access specialty care. This can be an MTF or a civilian TRICARE facility.

### Category 5:

The family member(s) meets criteria for stabilization to remain in a particular geographic location, if the sponsor chooses. The family member's needs are highly specialized, complex or severe, requiring continuity of care. Sponsors may be required to take an unaccompanied assignment to meet mission requirements if resources are not available for the family member(s) at the gaining duty location.

### Category 6:

Temporary category. The medical or educational condition requires a stable environment for six months to one year due to ongoing treatment or diagnostic assessments. This category must be updated within one year to receive permanent category or disenrollment.

