

168 BENNION ROAD, ANNAPOLIS, MD 21402

**AUGUST 2018** 

### FFSC, MWR & ANNAPOLIS AREA COMMANDS

**SATURDAY, AUG. 18** • **10 A.M. - 2 P.M.** 

Over the years Fun Day has become an event that is much anticipated by the Annapolis

Navy community. Singles, couples and families come to enjoy the day. It offers a wide variety of educational activities and events that provide education, information, prizes, and lots and lots of fun.

Fun Day provides an opportunity for newcomers to make new friends and for old friends to see each other again. It's a wonderful opportunity to see all the many services available in our beautiful community. Do you need information on health care? Would your kids like to visit Operation Military Kids? Are you interested in services available at the Fleet and Family Support Center or would you like to know what MWR has to offer? All of this and much more will be available.

Sailors, would you like to dunk a chief selectee? Take your best shot! Are you a champion Jouster? Try your luck! Enjoy the terrific music of the USNA's Electric Brigade. Have your face-painted and play games and win prizes at the Wheel of Fortune, Bean Bag Toss, and Duck Pond.

The Best Part Is That Fun Day is FREE! All the games and events are free. Local commands, MWR committees and the Chief Selectees will have food and drinks available for purchase. Come join us!

### THE FOLLOWING ARE PARTICIPANTS FOR FUN DAY AND MORE

- All Annapolis Area Commands
- Baysox Mascot "Louie"
- McGruff-Crime Fighting Dog
- Fire Prevention House
- Navy Exchange and DECA
- Navy League
- Lincoln Military Housing
- Operation Military Kids
- Chaplain's Office



- Navy Federal Credit Union
- · Chiefs, 1st Class Association and NSA Social Committee
- Navy Lodge
- Patriot Guard
- **AACPS**
- USO
- Young Marines and League Cadets
- **USAA**
- John's Hopkins Health Plans

### **CONTACT FFSC ANNAPOLIS**



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### **FEATURES**

PAGE 1: 28th Annual Family Fun Day

PAGE 2: August 2018 Calendar

PAGE 3: Programs for Education and Training





2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Retired Activities Office 9 - 11 a.m.	2	Smooth Move Seminar 8:30 - 11:30 a.m. Developing Your Spending Plan 11:30 a.m 12:30 p.m.
6	7 Transition GPS Capstone By appointment only  Transition —	Retired Activities Office 9 - 11 a.m. Resume Writing Workshop 9 a.m Noon  Goals, Plans, Success (GPS) • 8	<b>9</b> a.m 4 p.m.	10
13	Transition GPS Capstone By appointment only	Retired Activities Office 9 - 11 a.m. 10 Steps to Federal Employment Workshop 9 a.m Noon Hearts Apart: Deployment Discussion Group 6 - 7:15 p.m. Home Team: Youth Deployment Support Group 6:30 - 7:15 p.m.	16	ers' Orientation • 8 a.m 4 p.m.
20	Transition GPS Capstone By appointment only Credit Management 11:30 a.m 12:30 p.m.	Retired Activities Office 9 - 11 a.m. Four Lenses Workshop 9 a.m Noon Interviewing Skills 9 a.m Noon	Space-A Travel the BWI Way Noon - 1 p.m.	24
27	Transition GPS Capstone By appointment only	Retired Activities Office 9 - 11 a.m. Communication Skills Workshop 9 a.m Noon	30	31



### **EDUCATION AND TRAINING PROGRAMS**



# Career Development

### **Resume Writing Workshop**

Wednesday, Aug. 8, 9 a.m. - Noon

Wondering how to write your resume? Have you written a resume but it isn't getting the results you want? Our resume writing workshop will help you get started or show you how to improve the one you have written. This class will discuss targeting your resume, selecting the best format for your work experience and creating a cover letter. Don't pay someone else to write your resume! Call 410-293-2641 to register.

### **10 Steps to Federal Employment Workshop** *Wednesday, Aug. 15, 9 a.m. - Noon*

The Federal Government has excellent career opportunities in a variety of occupations. However, the Federal Employment Hiring process is complex and challenging! This process can be a confusing experience. This workshop will provide an overview of the hiring process. You will learn how to navigate the USAJOBS system, analyze a vacancy announcement, type of hiring programs and preferences, write a federal resume and more. Please join us and learn strategies and tips for a successful federal job search. **Register today by calling 410-293-2641.** Please NO EMAIL REGISTRATIONS.

### **Interviewing Skills**

Wednesday, Aug. 22, 9 a.m. - Noon

What are your greatest strengths? Greatest weaknesses? Learn how to answer these and many other common interview questions. This workshop discusses interview preparation, the stages of an interview and interview follow-up. Call the FFSC at 410-293-2641 for program information and registration.

# Transition Assistance

# **Transition – Goals, Plans, Success (GPS)** *Monday-Friday, Aug. 6-10, 8 a.m. - 4 p.m.*

Transition, Goals, Plans, Success (GPS) is a five-day career and job search workshop for separating service members seeking civilian employment. Topics include: Tools for Transition, Military Occupational Cross Walk, Skills Assessment, Resume Writing, Job Search Methods, Interview Techniques, as well as a review of Veteran benefits and entitlement and much more. Register now if you are within 1 year of separation or 2 years of retirement. Classes fill up months ahead.

### **Transition GPS Capstone**

Tuesdays, Aug. 7, 14, 21 and 28 (By appointment only)

Capstone is a mandatory component of Transition GPS that must be completed no later than 90 days prior to separation date. Capstone is scheduled by appointment only. Required Documents For Capstone:

- Completed standardized ITP to include appropriate Career Track sections
- Benefits Registration
- Completed Gap Analysis
- Completed Resume/Employment application
- TGPS Workshop Certificate
- Documented requirements for licensure, certification and apprenticeship – if applicable
- Prepared 12 month post-military budget
- DD2958 Career Readiness Standards/ITP Checklist
- DoD ID card/CAC Card

### Deployment/Relocation

#### **Smooth Move Seminar**

Wednesday, Aug. 3, 8:30 - 11:30 am

Are you getting ready for a PCS move? This single session workshop is for everyone, experienced mover or not, who is on Permanent Change of Station (PCS) orders. It offers tips to help make your move as "painless" as possible! Topics will include the new <a href="https://www.move.mil/moving-guide">https://www.move.mil/moving-guide</a> process, Personally Procured Moves (formally known as Do-It-Yourself moves), house hunting, tips from your School Liaison Officer (SLO), travel and financial planning, entitlements, family preparation, and ways to cope with relocation. Receive information on your upcoming duty station and community, and much more. Call 410-293-2641 to register or for more information.

### **Hearts Apart: Deployment Discussion Group** *Wednesday, Aug. 15, 6 - 7:15 p.m.*

Is your loved one deployed? A Deployment Discussion Group is held on the 3rd Wednesday of each month at the Fleet and Family Support Center. Child care is FREE and onsite upon advance request. Registration is required. Please call 410-293-2641 for more information.

### **Home Team: Youth Deployment Support Group** *Wednesday, Aug. 15, 6:30 - 7:15 p.m.*

For kids ages 5-18 who are experiencing a family deployment, come join the "HOME TEAM" to get involved, stay connected, have social support and to learn about the power of POSITIVE!! Partnering with our School Liaison Officer (SLO) - Call 410-293-2641 for more information and to register.





### **Command Indoctrination/Newcomers' Orientation**

### Thursday and Friday, Aug. 16 and 17, 8 a.m. - 4 p.m.

Command Indoctrination Programs are designed to facilitate the adaptation of Sailors and their families into their new working and living environments. This will afford Sailors and their families the greatest opportunity for a successful and productive tour of duty. The Indoc/Orientation is for all active duty service members reporting to the U.S. Naval Academy, Naval Support Activity Annapolis, Navy Band, and Naval Health Clinic! Don't miss our three information-packed days designed to make your move to a new community a "smooth" one. A highlight of the Orientation: a tour of the Naval Academy! Spouses are encouraged to attend.

### Financial Management

### **Developing Your Spending Plan**

Friday, Aug. 3, 11:30 a.m. - 12:30 p.m.

Do you wonder where the paycheck went? Or how you can make that large purchase? Hate opening the credit card statement? This workshop provides information on creating a spending plan, expense tracking strategies, ways to improve cash flow, power pay debt elimination, finance apps and more. Come learn some money management skills that can help you reach your financial goals!

#### **Credit Management**

#### Tuesday, Aug. 21, 11:30 a.m. - 12:30 p.m.

We all want to be able to use credit but how do we get it? This workshop provides valuable information on establishing a credit history, choosing and using credit cards, and effectively managing your credit. We will also explore credit reports and credit scores and how to fix errors on your report and what you can do to improve your credit score.

#### Space-A Travel the BWI Way

Thursday, Aug. 23, Noon - 1 p.m.

Want to learn about the Space-A Travel Program? Experts at BWI Airport will explain the program and tell active duty/dependents and retired military travelers how to

make the best use of it. Attend this seminar and get the latest information. Call 410-293-2641 TODAY to register. \*\*\*REGISTRATION IS REQUIRED.



#### **Four Lenses Workshop**

Wednesday, Aug. 22, 9 a.m. - Noon

Are you an orange or are you blue? If you want to learn more about yourself and those around you, join us for this fun workshop that is all about personality! You will discover how our different personality temperaments compliment and balance one another in all personal and professional relationships. It will help you better understand why people do the things they do while getting to know yourself in the process. Open to individuals, couples, active duty and/or spouses.

#### **Communication Skills Workshop**

Wednesday, Aug. 29, 9 a.m. - Noon

Communication is powerful and directly affects our quality of life and relationships. Our ability to express what we think and feel without clouding our ability to listen and respect how others think and feel is the greatest factor of success in our work and home life. Yet, communication is an everyday activity that is easily taken for granted. This workshop helps people use the power of communication to strengthen relationships at work and at home by practicing skills that build effective two-way communication.



#### **Retired Activities Office**

Wednesdays, Aug. 1, 8, 15, 22 and 29, 9 - 11 a.m.

Assists retired military and their family members with questions related to Survivor Benefits Plan, retired rights and benefits, widow's outreach and assistance. Office is staffed by retired military volunteers.



### **ADDITIONAL INFORMATION**

Workshops and seminars are open to activeduty and retired military personnel and their family members. Call the FFSC to register or for more

information. All classes are held at the Fleet and Family Support Center unless otherwise noted.

**New to NSA Annapolis?** Make the Fleet and Family Support Center one of your first stops! You can attend a workshop, meet other Navy spouses and gather informational materials.



### JOB SEARCH RESOURCE ROOM

The Resource Room has everything that military family members (16 years old and older) and transitioning service members need to conduct successful job

searches and relocations resources -- computers with internet access, laser printer, fax machine, copier access, reference books, informational self-help pamphlets and resource hand-outs. The room is located at the FFSC.

The FFSC is located at 168 Bennion Road, Annapolis, MD.